



# Got Life Balance?

Do you feel the weight of the World on your shoulders?

Do you wish for more **balance** between your life and career?

Is being out of balance having a negative impact on your relationships?

Would you like to learn practical and simple techniques to create more balance, peace and harmony in your life?

Call (818) 857-2320

6 classes – Monday nights 7:30-8:30 pm

February. 4 – march 10, 2008

Fee: \$100

Location: Inspired By Sepideh Life, career & spiritual Coaching Services

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For more information visit [www.inspiredbysepedeh.com](http://www.inspiredbysepedeh.com)